

HOSPITALFIELD

Young Artist Club Safer Spaces

The Young Artist Club is a safe space for everyone to express themselves freely and creatively. We would like for our conversations to be inquisitive and open to sharing of ideas and possible interpretations of the art works, exercises, objects, histories and ideas under discussion.

As this is a group for young people, and the times we live in are tumultuous, we are setting some guidelines for how we engage together in person and online. We ask you as participants to commit to these guidelines and follow the behaviours set out, if you do not meet the above expectations you may be asked to leave.

Guidance and expectations

- Do not share your personal information in person or via online platforms e.g. phone number, email address or private social media accounts unless you feel you know that person well enough to do so.
- Any inappropriate, disrespectful, or potentially harmful behaviours or language will not be tolerated.
- Report any bad behaviour, bullying or harassment to a member of Hospitalfield staff.
- If someone makes you feel uncomfortable you can bring this up with Hospitalfield staff and we can remove them from the cohort if they are breaching the guidelines. Always report this and speak to someone about it for support.
- If you feel something is not right, please speak out and contact a member of Hospitalfield staff involved in the session.

In sessions:

- Conversations and comments need to focus on the content of the session and not divert too far away from this.
- Try to bring an open mind to each session.
- Respect each other and everyone's opinions - appreciate everyone has differences.
- Listen and allow people to speak.
- You should aim to arrive 10 minutes before each session and try to stay until the end.

Zoom:

These sessions will happen in person. If for any reason we need to meet online we will use Zoom. We have made every effort to ensure the security of this event by using the Webinar software and registration processes.

Committing together to non-discrimination:

We believe in human rights for all those connected with this organisation and all members of society.

We are committed to providing a welcoming online environment for everyone, regardless of gender identity and expression, age, sexual orientation, disability, physical appearance, body size, race, ethnicity, or religion or belief. We ask participants and contributors to commit to this with us.

Signposting for support

If you are struggling with your mental health, wellbeing or if you feel unsafe for any reason please ask for help. There are people and organisations that are trained to listen and support you. Here are some resources that can support you should you need them:

[Mind](#): for better mental health

[The Mix](#): Essential support for under 25's.

[Childline](#): Free and confidential help for young people in the UK.

[Young Minds](#): Tips, advice and guidance on where you can get support for your mental health during the coronavirus (COVID-19) pandemic

[SAMH](#): Information for young people